

# Dermopen 3

# **Developments**

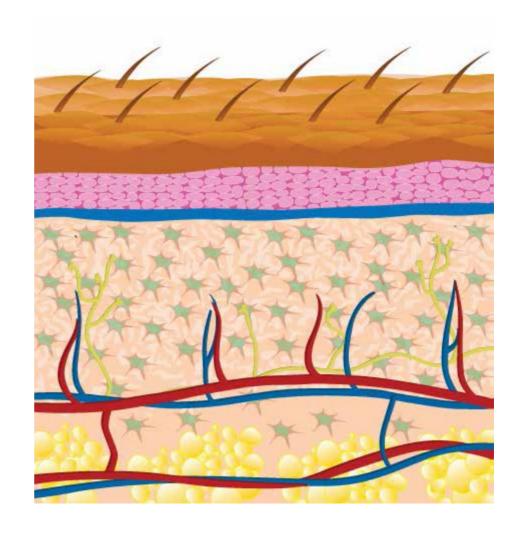
- Why you want skin needling
- Skin needling principles
- Needling versus other common modalities
- Common conditions treated
- Perceived restrictions
- Thinking outside the square
- The answers lie within the skin, not just needling itself



## Dermopen 3

## **Skin Histology & Physiology**

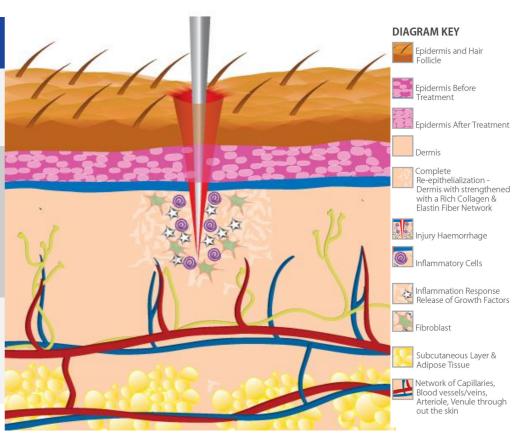
- Layers
- Sub-layers
- Major cell groups & location
- Vascular activity
- Condition locations
- Treating visually



# Dermopen 3

## Inflammatory vs Wound Healing Response

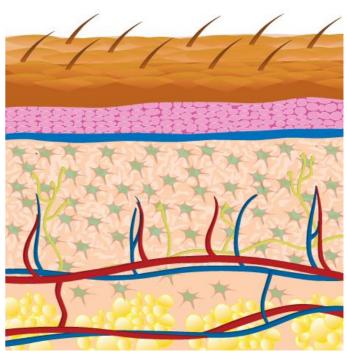
Phase	Indications
<b>Inflammation</b> 1-5 days	Phagocytosis, Growth Factors
Proliferation 2-21 days	Angiogenesis, Collagen Deposition, Fibroplasia, GAGS, Re-Epithelialisation, Contraction, Apoptosis
Maturation 20 days-24 months	Collagen Replacement, Maturation



# Permapen 3

## **New Directions**

- Treating more superficially
- Reducing Tx intervals
- Increasing indications that may be treated
- Rethinking TLA
- DP Dermaceuticals<sup>™</sup>
- Combination therapies





# Dermapen 3 Common



CIT / Rejuvenation



Scarring



Ageing / Rhytids / UV Damage



Striae



**Enlarged Pores** 



Hyperpigmentation

# Dermopen 3 Advanced





# **Combination Therapies**

- □ Concept
- **□**Biomimicry
- **U**USP
- □Soltani-Arabshahi







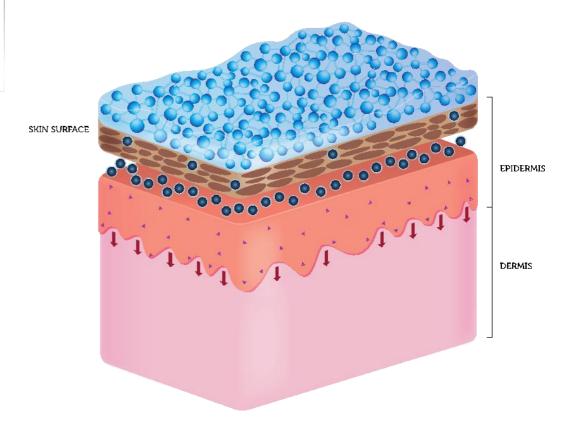
Molecule 1

Molecule 3

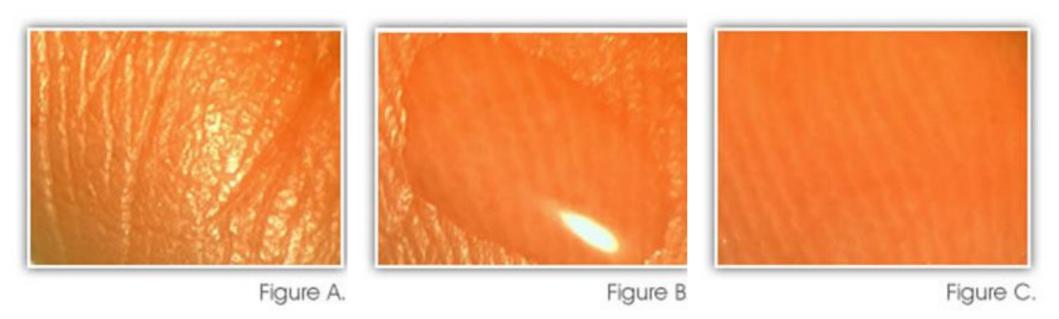
- ■Why hyaluronic acid?
- ☐ Features & benefits



Hylafuse™ Complex delivery to the skin







0.02ml of HylaFuse solution containing 0.2% hyaluronic acid. 10% magnification, applied on human skin.



Corneometer® Evaluation

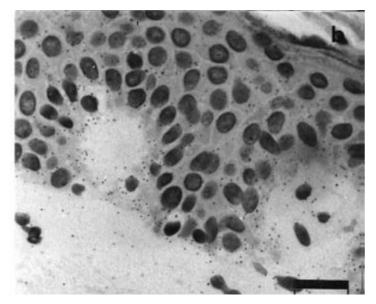
Mean Score (±Standard Deviation [S.D.]) and

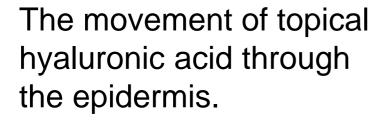
% Change From Baseline

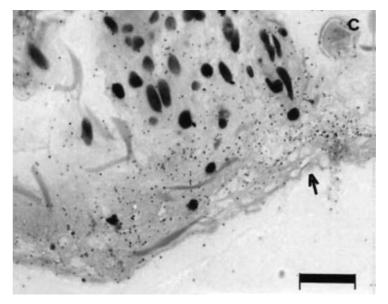
	Mean Score + S.D.	p-Value	Mean Improvement From Baseline	% Change From Baseline
Baseline	$13.9 \pm 9.7$	-	-	-
Immediately Post Application	34.0* ±14.7	<0.001	15-fold	76%
2 hours	26.1* ± 9.3	0.001	7-fold	35%
4 hours	23.9* ± 9.2	0.008	5-fold	24%
6 hours	26.2* ± 9.5	<0.001	7-fold	36%
8 hours	$24.0^* \pm 6.5$	0.011	5-fold	24%



### Haematoxylin Counterstain Clinical "Absorption Of Hyaluronan Applied to the Surface of Intact Skin"







The presence of topically applied hyaluronic acid in the dermis.

# **Dermopen** ③ Combination Therapies – PRP

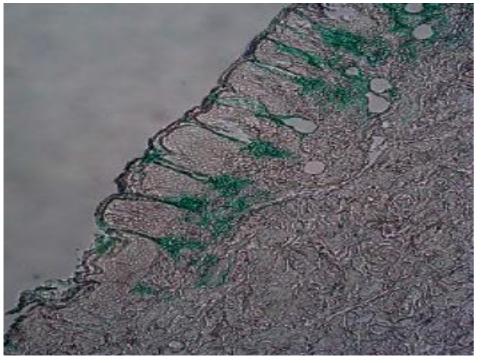
- ☐ Growth factors
- ☐ Infusion versus inject method
- ■Indications
- **□** Results

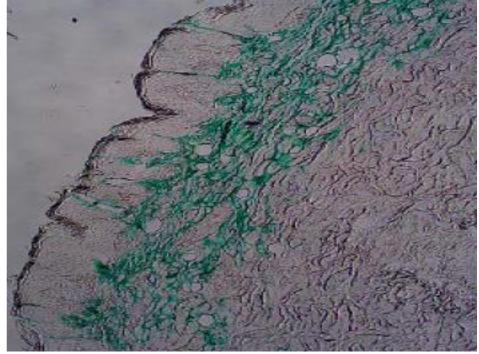


# Dermapen 3 Infusion of

SUbstain 665 apen and delivery of aqueous solutions to the skin.

December 2015, RXI Pharmaceuticals, Massachusetts, USA





- Aim
- Method
- Technique
- Results

# **Dermopen** ③ Combination Therapies – 5-Fu

- ☐ Anti-mitotic
- ☐ Inhibits wound reepithelialisation
- ☐ Delays wound healing for regulated collagen conversion
- □ Over stimulates melanocytes
- ☐ Immuno-modulatory effect
- ☐ Tretinoin as homecare for acral vitiligo



# **Dermopen** ③ Combination Therapies - Steroids

- ☐ Triamcinolone acetonide 40mg
- ☐ Hydrocortisone / methylprednisolone
- Suppresses inflammation
- ☐ Supresses mitosis
- ☐ Increases tissue vasoconstriction



# Dermapen 3 Combination Therapies - Peels

- ☐ Keratolytic versus coagulative necrosis
- ☐ Peel options
- □ Indications
- Strengths
- ■Application methods



# **Dermapen** Cryo Combination Therapies

- □ Coagulative necrosis
- □ Indications
- □ Application methods for combination therapies

# **Dermopen** ③ Combination Therapies – LED

- ☐ Prep, prime and arm fibroblasts
- ☐ The pre or post-op debate
- **□** Options
- Indications
- □ Cold laser / LLLT / LILT

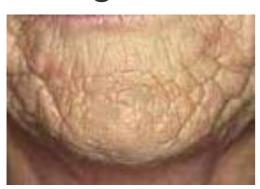


## Dermapenworld

#### CIT, Ageing, Rhytids &

### Rejuvenation

Glogau IGlogau IIGlogau IIIGlogau IVGlycationDiagnosis



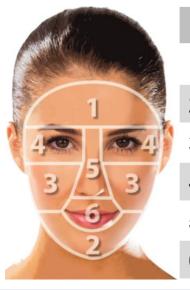


#### CIT, Ageing, Rhytids & Rejuvenation Protocols

Cleanse & Exfoliate	Correct	Correct +	Moisturise	Protect	Treat
Tri-Phase Cleanser™	Antioxidant Cocktail™	Retinal Active™	Vitamin Rich Repair™	Cover Recover™	Hyla Active 3d Mask™
Micro Derm Exfoliant™		Brite Lite™			

**Tx** 4-6 treatments, 6-8 week intervals (or alternate with superficial Tx)

**Combo** Retinal Active™, Brite Lite™, PRP, Peels, Dermapen Cryo™, Red LED, RF

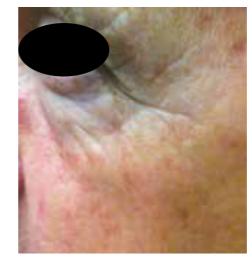


Region	Acute	Chronic	Oscillation
1: Forehead	0.25-0.5mm	0.5mm	4
2: Chin & Jawline	0.25-0.5mm	0.5mm	4
3: Cheeks	0.5-0.75mm	0.75-1.0mm	4
4: Peri-Orbital	0.25mm	0.5mm	4
5: Nose	0.25mm	0.5mm	4
6: Peri-Oral	0.25mm	0.5mm	4

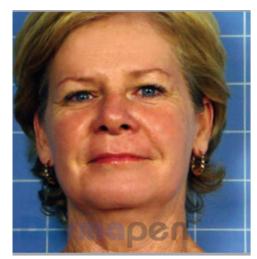
### **Dermapen** (3) CIT, Ageing, Rhytids & Rejuvenation



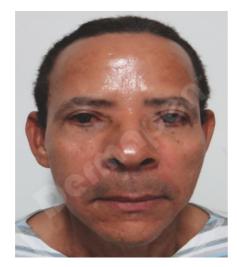












Before & after 2 treatments



Before & after 1 treatment



Before & after 3 treatments

## **Dermapen** (3) CIT, Ageing, Rhytids & Rejuvenation







Before and after treatment







## **Dermapen** (3) CIT, Ageing, Rhytids & Rejuvenation



Before and after 4 treatments, 6 week intervals

# Dermopenworld

## **Hyperpigmentation**

- Facultative
- Ephelides
- Lentigines
- Post-inflammatory
- hyperpigmentation
- Melasma
- Diagnosis









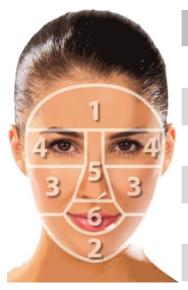


#### **Hyperpigmentation Protocols**

Cleanse & Exfoliate	Correct	Correct +	Moisturise	Protect	Treat
Tri-Phase Cleanser™ Micro Derm Exfoliant™	Brite Lite™  Antioxidant Cocktail™	Retinal Active™	Vitamin Rich Repair™	Cover Recover™	Hyla Active 3d Mask™

**Tx** 4-6 treatments, 2-4 week intervals

**Combo** Brite Lite™, Dermapen Cryo™, Peels, Laser, IPL, Microdermabrasion



Region	Acute	Chronic	Oscillation
1: Forehead	0.25-0.5mm	0.5mm	4
2: Chin & Jawline	0.25-0.5mm	0.5mm	4
3: Cheeks	0.5mm	0.75mm	4
4: Peri-Orbital	0.25mm	0.5mm	4
5: Nose	0.25mm	0.5mm	4
6: Peri-Oral	0.25mm	0.5mm	4

### **Dermapen** (3) Hyperpigmentation



Before & immediately after treatment



Before & after 6 treatments



Before & after treatment

## **Dermapen** (3) Hyperpigmentation



Before & after 6 treatments (monthly intervals)

### **Dermapen** ③ Hyperpigmentation



Before and after 2 treatments, 4 weekly intervals (combined with lactic acid peel)

## Dermapenworld

## **Hypopigmentation**

- Post-inflammatory hypopigmentationVitiligo
  - Generalised / vitiligo vulgaris
  - Acral
- Diagnosis





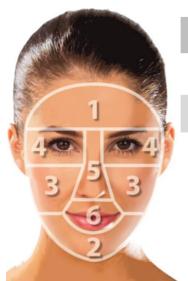


#### **Hypopigmentation / Vitiligo Protocols**

Cleanse & Exfoliate	Correct	Correct +	Moisturise	Protect	Treat
Tri-Phase Cleanser™ Micro Derm Exfoliant™	Hyla Active™	Tretinoin 0.05%	Vitamin Rich Repair™	Cover Recover <sup>TM</sup> (not on hypopigmented lesions)	Hyla Active 3d Mask™ (face only)

**Tx** 2-6 treatments, 2-4 week intervals

Combo Fluorouracil / 5-Fu



Region	Acute	Chronic	Oscillation
Face	0.25-0.5mm	0.5-1.0mm	4
Body	0.5-1.0mm	1.0-1.5mm	4

## **Defmapen** (3) Hypopigmentation / Vitiligo



Before & after treatment



Before & after 3 treatments



Before & after treatment

### **Dermapen** (3) Hypopigmentation / Vitiligo



Before treatment



Before treatment



**During treatment** 



**During treatment** 



After 1 treatment



After 1 treatment

# **Dermopenworld** Rosacea

Erythematotelangiectatic

- Papulopustular
- Phymatous Telangiectasia
- Diagnosis







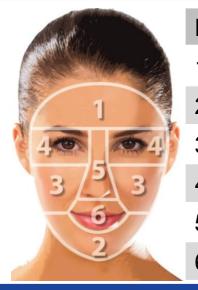


#### **Rosacea / Telangiectasiae Protocols**

Cleanse & Exfoliate	Correct	Correct +	Moisturise	Protect	Treat
Tri-Phase Cleanser™	Antioxidant Cocktail™	Hyla Active™	Vitamin Rich Repair™	Cover Recover™	Hyla Active 3d Mask™
Micro Derm Exfoliant™ (x1 weekly)		Retinal Active™ (x1-2 weekly)			

**Tx** 4-6 treatments, 6-8 week intervals (or alternate with superficial Tx)

Combo Dermapen Cryo™, PRP, Laser / IPL, Diathermy



Region	Acute	Chronic	Oscillation
1: Forehead	0.25-0.5mm	0.5mm	2-3
2: Chin & Jawline	0.25-0.5mm	0.5mm	2-3
3: Cheeks	0.5-0.75mm	0.75-1.0mm	2-3
4: Peri-Orbital	0.25mm	0.5mm	2-3
5: Nose	0.25mm	0.5mm	2-3
6: Peri-Oral	0.25mm	0.25mm	2-3

## **Dermopen** ③ Rosacea / Telangiectasia



Before & after treatment

## **Dermopen** ③ Telangiectasia



Before & after 1 treatment

#### **Dermopen** (3) Telangiectasia





Before and after 9 treatments

## Dermapenworld

## Acne, milia, KP

Open comedones

- Closed comedones
- Papule
- Pustule
- Nodule
- Cyst
- Milia
- Keratosis pilaris















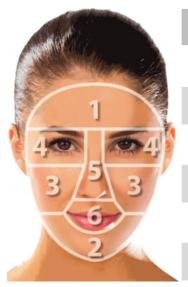


## Seborrhoeic / Problematic / Breakouts / Acne / Milia / Keratosis Pilaris Protocols

Cleanse & Exfoliate	Correct	Correct +	Moisturise	Protect	Treat
Tri-Phase Cleanser™	Antioxidant Cocktail™	Retinal Active™	Brite Lite™	Cover Recover™	Hyla Active 3d Mask™
Micro Derm Exfoliant™					

**Tx** 2-4 treatments, 2-4 week intervals

**Combo** Brite Lite™/ Retinal Active™, Peels, Blue LED, Microdermabrasion



Region	Acute	Chronic	Oscillation
1: Forehead	0.25mm	0.5mm	3
2: Chin & Jawline	0.25mm	0.5mm	3
3: Cheeks	0.5mm	0.75-1.0mm	3
4: Peri-Orbital	0.25mm	0.25mm	3
5: Nose	0.25mm	0.25mm	3
6: Peri-Oral	0.25mm	0.25mm	3

#### **Dermapen** (3) Seborrhoeic / Problematic / Breakouts / Acne











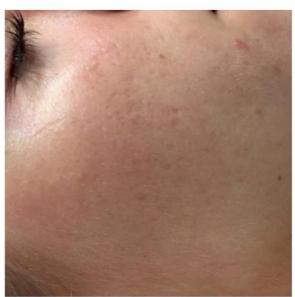


Before & after 2 treatments

Before and immediately after treatment

#### **Dermapen** (3) Seborrhoeic / Problematic / Breakouts / Acne













#### **Dermapen** (3) Seborrhoeic / Problematic / Breakouts / Acne





Before & after 3 treatments

#### **Dermopen** (3) Milia / Keratosis Pilaris









Before & after 2 treatments

## Dermopenworld

## **Scars & Striae**

- Atrophic
  - Rolling
  - Boxcar
  - Icepick
  - Anetoderma
- Hypertrophic
- Keloid
- Burn contracture
- Striae

















#### **Scars & Striae Protocols**

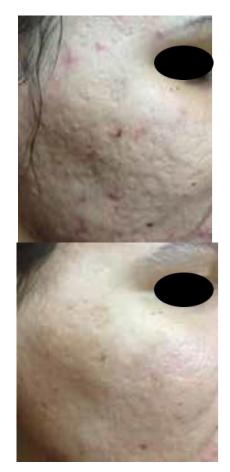
#### **Dermapen**world.com

Cleanse		Correct	Correct +	Moisturise	Protect	Treat	
Tri-Phas Cleanse Micro D Exfolian	er™ erm	Antioxidant Cocktail™	Retinal Active™ Brite Lite™	Vitamin Rich Repair™	Cover Recover™	Hyla Active 3d Mask™ (face only)	
Tx	6-8 t	-8 treatments, 6-8 week intervals					
Combo	<b>nbo</b> Retinal Active™ / Tretinoin, Triamcinolone Acetonide (injection), Fluorouracil / 5-Fu, Peels, Dermapen Cryo™						



Region	Acute	Chronic	Oscillation
1: Forehead	0.5mm	0.75mm	4
2: Chin & Jawline	1.0-1.25mm	1.25-1.5mm	4
3: Cheeks	1.0-1.25mm	1.25-1.5mm	4
4: Peri-Orbital	0.5mm	0.5mm	4
5: Nose	0.5mm	0.5mm	4
6: Peri-Oral	0.5mm	0.5mm	4
Striae	1.5-2.0mm	1.5-2.5mm	4

### **Dermopen** ③ Scarring



Before & after 3 treatments



Before & after treatment





Before & after 2 treatments





Before & after 4 treatments

### **Dermapen** ③ Scarring





Before & after 3 treatments





#### **Dermopen** ③ Scarring





Before & after 3 treatments

#### Dermopen 3 Scarring



Before & after 11 treatments





#### **Dermopen** 3 Striae (stretch marks)



Before & after treatment



Before & after 2 treatments

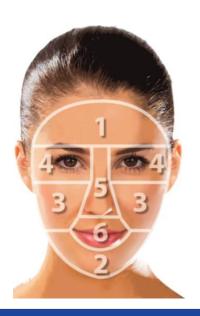


Before & 5 days after one treatment

#### **Alopecia / Hair Regeneration Protocols**

Tx	6-8 treatments, 6-8 week intervals		
Combo	PRP, Minoxidil, Finasteride, Bimatoprost (Latisse), Mesotherapy, LED		





Region	Acute	Chronic	Oscillation
Eyebrows	0.5mm	0.5mm	4
Head	0.5-1.0mm	1.0mm	4

#### **Defmapen** ③ Hair Regeneration







Before & after 4 treatments

#### **Dermopen** (3) Hair Regeneration



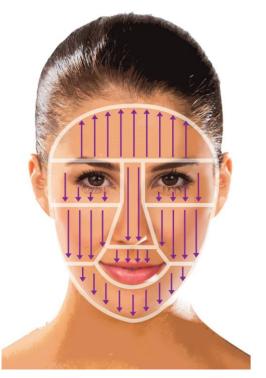
Before & after 3 treatments

Before, immediately after and after 2 treatments

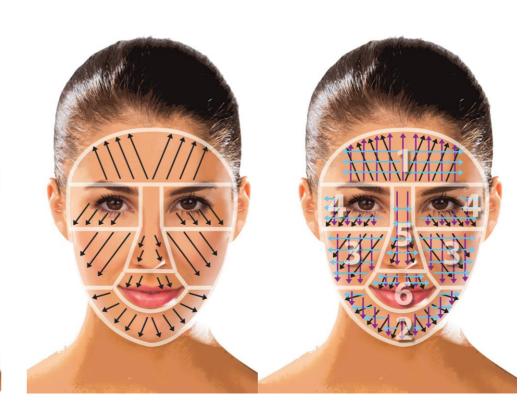


\*Images courtesy of Dr Hasan El-Fakahany, University El-Minya (Egypt)

# Dermapen 3 Clinical Tx Directions

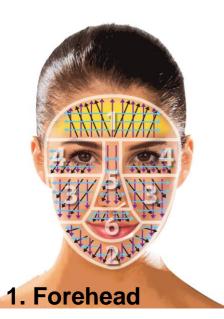


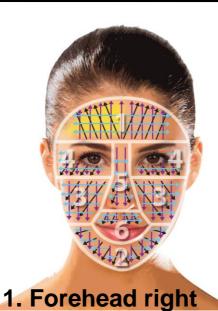


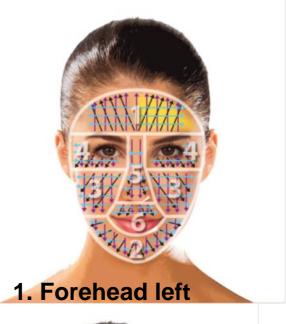


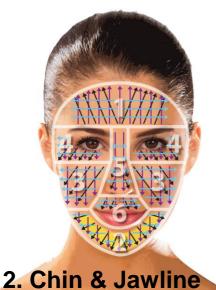
3. Diagonal

## Dermopen 3 Clinical Tx Regions & Directions

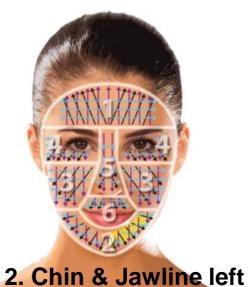






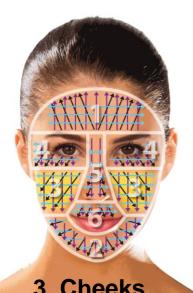


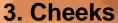


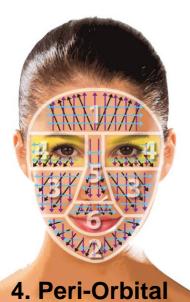


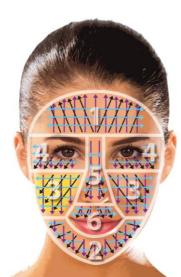
## Dermapen 3™

### **Clinical Tx Regions &**

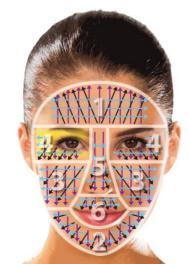








3. Cheeks right

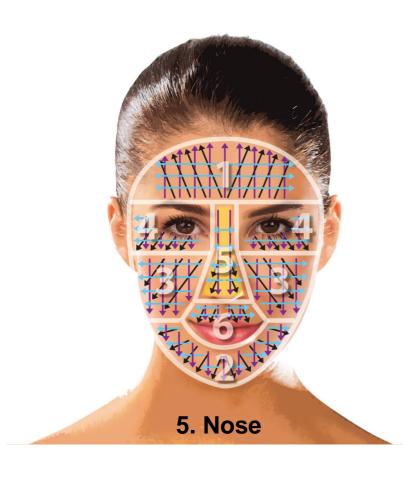


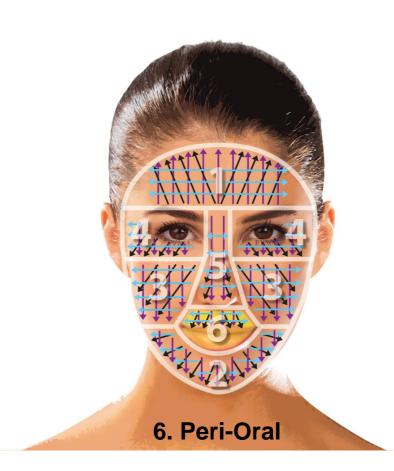
4. Peri-Orbital right





## **Dermapen** 3 Clinical Tx Regions & Directions





# Dermopen 3 Treatment Procedures













Cleanse & exfoliate

Diagnose & document

TLA application (if required)

Sterile procedure



Disinfect



Needle depth



Oscillation speed



Tx zones



Hyla Active™ (or customised gliding medium\_

# **Dermopen** Treatment Procedures



**Treat** 





\*Hyla Active 3D Sculptured Mask™ / saline









\*Antioxidant Cocktail™ \*Vitamin Rich Repair™ & Cover Recover

# Permapenword





**Dermapen** Cryo™